

# MESTRANDA EDNA LIMA • ABADÁ CAPOEIRA

**\$9.99** INTRODUCTORY  
CAPOEIRA CLASS  
With this flyer



## Class Schedule:

### Monday & Wednesday

7:30pm — 8:15pm Basic Class

8:15pm — 9:00pm Advanced Class

**Asthanga Yoga** • 430 Broome Street at Crosby Street

### Saturday

3:30pm — 4:15pm Basic Class

4:15pm — 5:00pm Advanced Class

**Sandra Cameron Dance Center** • 199 Lafayette Street

### Youth Classes Available

For more information or to set up an introductory class contact: [info@ednalima.com](mailto:info@ednalima.com)

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